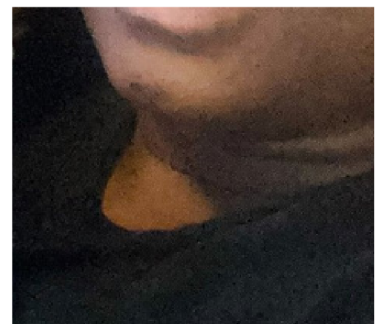
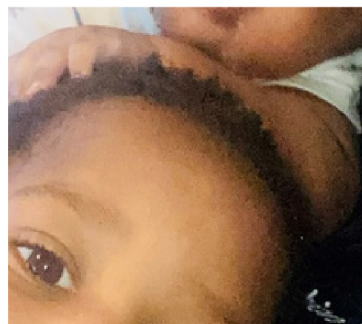
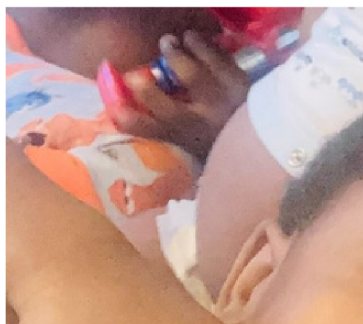
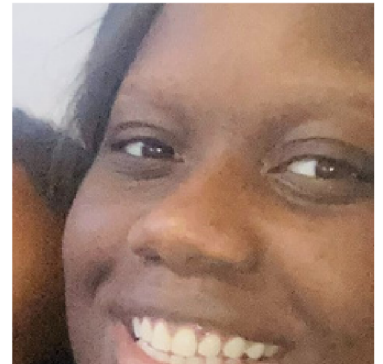




*Better, together*

# Annual Report

2022



# *Better, together.*

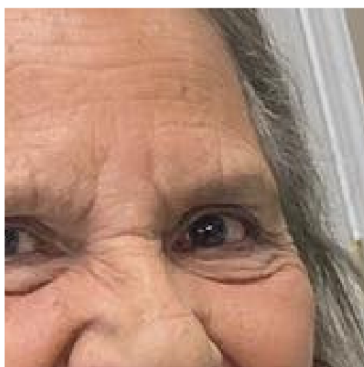
## Access Network

The Access Network is a group of agencies led by Access: Supports for Living. The Access Network includes Access: Supports for Living, The Guidance Center of Westchester, Meaningful NY Initiatives for People with Disabilities, and New York Families for Autistic Children (NYFAC).

Together, the nearly 2,200 staff of the Access Network provide support to more than 20,000 adults and children with mental health and substance use needs, developmental disabilities, children and families facing challenges, and those who need support with housing and employment. You can find us working across New York's Hudson Valley, the five boroughs of New York City, and Long Island.



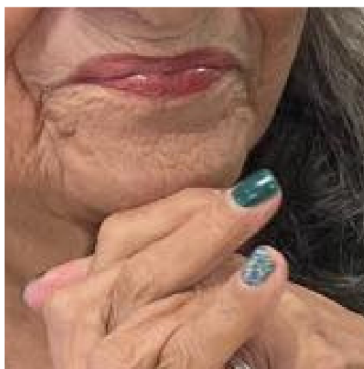
We provided 45 FREE virtual workshops to the community on topics such as suicide awareness & prevention, overdose awareness & prevention, managing challenging behaviors in children & healthy relationships.



We presented at 20+ national, state, and local conferences, sharing expertise and knowledge on mental health, substance use, and developmental disabilities supports.

# 20,025

TOTAL PEOPLE SERVED ACROSS THE ACCESS NETWORK



Our Access: Network DEIB (Diversity, Equity, Inclusion, and Belonging) Leadership program provides opportunities and tools to emerging staff leaders, and helps ensure equity in our programs and organizations. In 2022, we completed our third cohort.

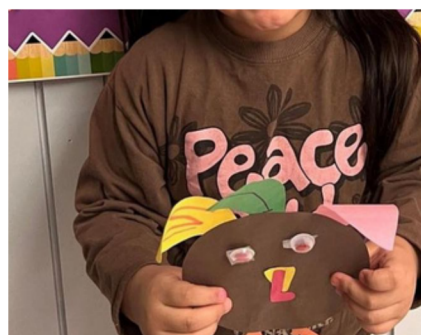
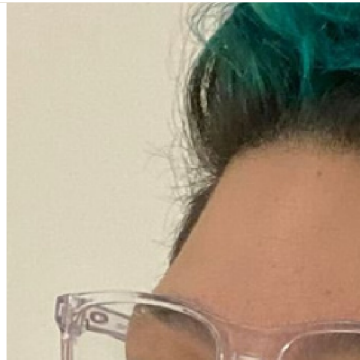
We enhanced utilization of electronic health record systems to streamline charting and allow supervisors to review records, identify issues, and make corrective plans in real time.

We continued to streamline processes, enabling us to eliminate waste and ensure that uniform policies and procedures are in place.

Learning from one another is a valuable resource. We shared best practices across the Network which ultimately benefits the people we serve.



263 colleagues across the Access Network celebrated 10+ years of service!







## ACCESS: Supports for Living

Our mission is to help people live the healthiest and fullest lives possible.

### A few highlights:

We supported a group of self-advocates from Access's Day Habilitation program to rally in Albany for funding to support Direct Support Professionals and the field (photo above).

Access received \$8 million over four years from the Substance Abuse and Mental Health Services Administration (SAMHSA) to continue to operate our Mental Health and Substance Use Urgent Cares in Orange and Ulster Counties, providing mental health and substance use treatment to anyone, with no appointment or referral needed and regardless of ability to pay.

**3,274**

people turned to our  
urgent care for  
mental health and  
substance use  
support.

**15,986**

total number of  
people served  
by Access:  
Supports for  
Living



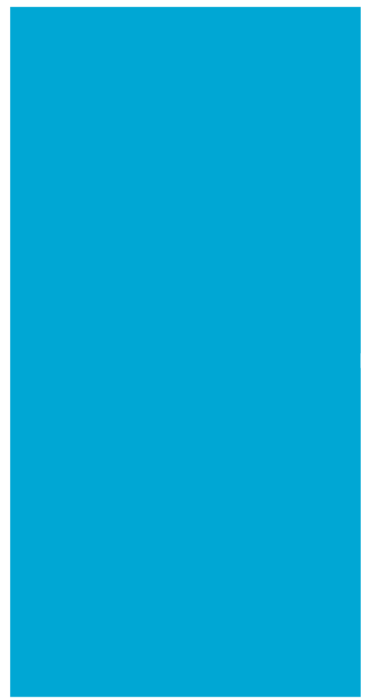
We began providing OnTrack NY services in Ulster and Dutchess counties. OnTrack NY helps young adults (ages 16 to 30) who are experiencing newly-emerged psychotic disorders. Our team works with them so that they achieve their goals for school, work and relationships.

Our Mobile Crisis Response Team in Ulster County expanded to provide more professional telephone support, in-person outreach, and crisis intervention available to anyone in Ulster County in their home, at school or in the community. Specialized services are provided to people with serious mental illness, youth and families, people with autism spectrum disorders, and people with intellectual and developmental disabilities. Services are provided by licensed clinicians and professionals who have lived experience coping with mental illness.,



Anthony has received services at Access for nearly 20 years. He's pictured here with Jazzy. Together they enjoy long wheelchair walks and daily naps. A "calming resource" for Anthony, Jazzy also helps him with verbal skills and mobility.

Our annual Picnic in the Park is a day of smiles, laughter, and fun for the people we serve as well as the staff who work with them. In 2022, we moved indoors at the Newburgh Unity Center.





# The Guidance Center of Westchester

Offering essential and lasting support to those challenged by mental illness, substance use, poverty, and homelessness.

**80 years**

of empowering  
program participants  
through education,  
treatment, housing,  
and rehabilitative and  
vocational services.

## A few highlights:

The Business Council of New York State recognized our Center for College & Careers and the FutureWorks to FutureCareers program as one of four recipients of the inaugural New York State Workforce Innovation Awards. The awards recognize outstanding workforce development training and education providers, as well as business leaders, who focus on developing a strong and diverse talent pipeline.

**3,374**

total program  
participants

With funding from the Westchester County Department of Community Mental Health, we established our Mobile Crisis Response Team (MCRT) serving New Rochelle, Mt. Vernon and surrounding areas. The MCRT works with local emergency services teams when an adult or child in the community is experiencing a behavioral health issue. The team is on-call 24 hours a day, seven days a week. In just six months, they were called to 128 situations.





We received \$4 million over four years from the Substance Abuse and Mental Health Services Administration (SAMHSA) to continue to provide mental health and substance use treatment to anyone, regardless of a person's ability to pay.



888

young children & their families received support from our Early Childhood Programs

Sunrise, an integrated substance use and mental health treatment program in Mount Vernon, celebrated its 10th anniversary as part of The Guidance Center. In 2012, the program was on the brink of closure, which would have left hundreds of people without the support they needed.

We helped 100 people who have physical, social, or emotional barriers find and maintain work that is meaningful to them.



271

formerly homeless people (like Michael who is pictured here) were living in an apartment with support from our staff.

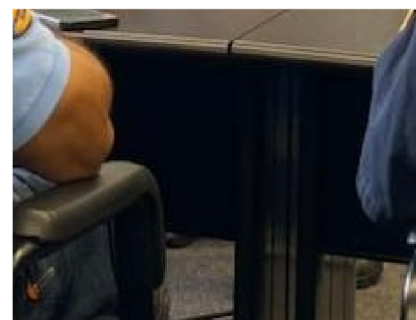
Many first responders face stigma around mental health issues. We hosted a series of talks with New Rochelle first responders on mental health and illness, self-care, and mutual support.



888  
TGCW  
CAN

888-842-9226

The number to call for mental health & substance use treatment.







## Meaningful NY

We strive to empower people with intellectual and developmental disabilities and their families to live full, rich lives on their terms.

We are committed to fostering the promise of each individual to live a life of purpose through responsive, evidence-informed practices, innovative solutions, and sustainable, measurable results.

### A few highlights:

Mirette, who receives support services from Meaningful NY, earned a Gold Medal at the 2022 Special Olympics New York City Metro Invitational. An avid swimmer, 12-year-old Mirette competed in a number of challenging races in the pool at Queens College, bringing home the gold in the 50-meter backstroke.

Cleaning with Meaning is an award-winning program which provides outstanding, green, residential and commercial cleaning services to customers with a business model that creates jobs and supports people with disabilities to be successful in the workforce (photo above).



"Self-Direction is a whole other ball game of life, but it is well worth the effort."

- Antif





# NYFAC:

## New York Families for Autistic Children

We facilitate growth, independence and empower people with developmental disabilities and their families to lead full lives.

### A few highlights:

We teamed up with Senator Joe Addabbo, Joann Ariola NYC Council District 32, and the NYC Department of Environmental Protection to host a rain barrel giveaway, supporting conservation efforts in NYC (photo right).

We met with Lisa LiCausi from the Queens Chamber of Commerce (photo above) to discuss the powerful role that employment plays in the lives of people who have disabilities.

Volunteer opportunities are important to the people we serve. In 2022, we enjoyed our first events with the New York City Department of Parks & Recreation. We supported conservation efforts by planting grass plugs to help restore Sunset Cove Park (photo right) and tree bed restoration in Howard Beach. NYFAC members also volunteered at Gallop NYC in Lindenwood, a therapeutic horseback riding center (photo right, second from bottom).



## Consolidated Financial Statement

### Access: Network • 2022 INCOME

Medicaid Medicare Insurance	\$86,279,249.38
Industrial Sales	17,148,391.58
County DSS & OCFS	4,010,762.12
OPWDD	3,436,180.42
OMH	15,375,249.48
Entitlements SSI Food Stamps	4,672,225.71
County Departments of Mental Health	2,007,394.42
Contributions & Equity Interest	321,317.04
Access VR/VESID	461,740.16
Other Income	( 278,524.79)
Federal & State Grants	10,557,324.85
Participant Providers	2,707,817.93
<b>Total Revenue</b>	<b>\$149,406,991.30</b>

### Access: Network • 2022 EXPENSES

Corporate Plan - Expenses	\$
Wages & Benefits	\$108,192,596.27
General Operating	27,718,838.65
Occupancy	10,214,824.30
Transportation	1,653,271.63
Consumer Emergency Assistance	787,147.25
Unrelated Business Tax	63,036.38
<b>Total Expenses</b>	<b>\$ 148,629,714.48</b>

**Profit (Loss)** **\$ 777,277.47**





## Leadership

**Ronald Colavito**  
President & CEO

**Maude Rosado**  
Chief Financial Officer

**Angela Woods**  
Chief Administrative Officer

**Naim Korca, RN**  
Chief Program Officer

**Katariina Hoas, LCSW**  
Chief Clinical Officer

### **Board Officers**

**Thomas Buchanan**  
Board Chair

**Liz O'Halloran**  
Vice-Chair

**Mitzi Ambrose Washington**  
Secretary

**John Finneran**  
Treasurer

**Todd Kelson**  
Immediate Past Chair

### **Board Directors**

**Patricia Bassey**  
**Frank DeSiervo**  
**Melissa Dewitt**  
**Jonathan Gatsik**  
**John Guattery**  
**Frank Hariton**  
**Glen Heller**

**Daniel Hulse**  
**Edward Lekis**  
**Cheryl Marsh**  
**Cheryl Sanza**  
**Matthew Searles**  
**Richard Smith**  
**Carmel Vobis**

List as of 2022



**2022 DEIB  
Leadership  
Cohort**



# ACCESS: SUPPORTS FOR LIVING FOUNDATION

## Access: Supports for Living Foundation

The Access: Supports for Living Foundation is committed to supporting the work of Access and its affiliates throughout the Hudson Valley, New York City, and Long Island.

We are committed to creating a future where people of all abilities are supported by high quality, innovative services to live healthy, full lives as valued members of our community.

### A few highlights:

Expanded our School Mental Health Program  
Launched a Community Garden Program that creates opportunities for the people we support while giving back to those experiencing food insecurity.

Collaborated and supported programming for the Veterans' community.

Provided smart boards at The Guidance Center of Westchester's Creative Learning Center.

Provided furnishings for those in our supported housing programs.

Supported young people with educational and vocational opportunities through the Center for College & Careers.



# Access: Supports for Living Foundation

## Leadership

Ronald J. Colavito, President & CEO

Chris Masters, Executive Director

### Board Officers

Nick Preddice  
Chairperson

Donna Applegate  
Vice-Chairperson

Jermaine Paul  
Secretary

Pam Kelly-Day  
Treasurer

### Board Directors

Chris Avery  
Michele Babcock Deloughery  
Samuel Beran  
Brian Clarke  
Melissa Cobuzzi  
Laura Conte  
Jason Giordano

Jason Giordano  
John Guattery  
Todd Kelson, Esq.  
Benjamin Malerba  
Justin Riccio  
Tony Richardson

### Access: Supports for Living Foundation 2022 INCOME

Contributions Restricted/Non Restricted	\$ 1,129,508
Investment Income Gain (Loss)	(405,229)
<b>Total Revenue</b>	<b>\$724,279</b>

### Access: Supports for Living Foundation 2022 EXPENSES

Wages & Benefits/ Leased Staff	\$347,205
General Operating	\$105,894
Gift to Related Organization	\$94
Fundraising	\$362,271
<b>Total Expenses</b>	<b>\$815,465</b>
<b>Profit (Loss)</b>	<b>\$ (91,186)</b>

